

# Placenta

SAFE HANDLING INSTRUCTIONS FROM YOUR  
[ Encapsulation Specialist ]

SAVE THIS PHONE NUMBER  
TO REACH ME:  
*Aubrey 262-203-6758*



## SAFE HANDLING:

- o Pack a small cooler or lunchbox and zip top freezer bag in your birth bag (hospital/birth center births)
- o Inform your Doctor/Midwife verbally and in writing (birth plan), that you plan to keep your placenta.
- o Place placenta inside zip top bag in an ICED container/cooler within 4 hours of birth OR place directly into refrigerator (home birth) to prevent spoilage while awaiting pickup.
- o If birth has already occurred prior to time of hire or a transfer delay occurs, Placentas must be moved from refrigeration to a FREEZER WITHIN 3 DAYS OF BIRTH to avoid spoilage.
- o If you choose to delay processing, placentas should be removed from freezer and processed within six months.

## YOUR RIGHTS & TIPS IN HOSPITALS:

- o If your provider wishes to send your placenta to pathology (for lab testing) insist that they take a sample in-room to ensure it does not leave your sight (where it is not at risk of tampering or contamination).
- o Refusal of a facility to release your placenta is considered "trespass to the person" (assault and/or battery) as it is a part of your body. You should contest their refusal to release the placenta to YOU.
- o MOST hospitals have no problem releasing your placenta and many provide containers, just ask at your next prenatal appointment!

## WHEN LABOR BEGINS:

- o When labor begins, send a quick text to lock in your processing position (sometimes multiple labors/deliveries happen within hours of each other!)
- o After birth has occurred, your partner should reach out within 4 hours to make transfer arrangements.
- o If your birth partner/other trusted party will deliver the placenta to me, they should provide an ETA and a drop box will be provided at my residence located at 419 Fair Oaks Dr Williams Bay WI 53191 (on front stoop)
- o If Retrieval/Delivery Service was purchased, I will retrieve during daylight hours following the birth.
- o I send a short "birth conditions" form via Text (used to rule out contraindications) **It MUST be completed.**
- o You will be notified when complete and items will be delivered/picked up within 24 hours of completion. Package will include all dosage and handling directions however, please reach out with any questions!

